

Red Flags/Surgical referral

- Systemic symptoms (fever, night pain, loss of body weight – 30% in < 2/12)
- Suspicion of infection
- History suggestive of fracture or inability to weight bear > 4 steps (Ottawa rules)
- Bruising / discolouration/ skin blisters
- Calf/Achilles pain with inability to single leg heel raise
- Recent trauma <12/52 (Refer to acute L/L clinic)
- Previous surgery in the last year

Patient is referred to the MSK triage service with ankle pain

